

ORTALAMA KALORİ BİLGİLERİ

Tatlılar ve Atıştırmalıklar

A-Love BOX 1 Kişilik ≈ 1.940 kcal

A-Love BOX 2-3 Kişilik ≈ 4.095 kcal

A-Love BOX 4-6 Kişilik ≈ 6.125 kcal

A-LOVE CUP ≈ 1.950 kcal

Pancake Bona ≈ 2.170 kcal

Pancake Lovers ≈ 1.915 kcal

Pancake Babs ≈ 1.900 kcal

Pancake Fondue ≈ 2.630 kcal

Classic Waffle ≈ 2.315 kcal

Waffle Bowl ≈ 2.355 kcal

Waffle Bruksel ≈ 1.570 kcal

Waffle Lotus ≈ 2.020 kcal

Waffle Fondue ≈ 2.830 kcal

Waffle Couple ≈ 2.630 kcal

Classic Cup ≈ 1.300 kcal

Nancy Cup ≈ 1.685 kcal

Sandy Cup ≈ 1.885 kcal

Whitley Cup ≈ 1.785 kcal

Bona City ≈ 1.690 kcal

Mini Oreo Cup ≈ 1.550 kcal

Mini Jennifer ≈ 1.350 kcal

Mini Serenity ≈ 1.750 kcal

Oreo Cup ≈ 2.295 kcal

Jennifer Chocolate ≈ 2.495 kcal

Serenity Chocolate ≈ 2.315 kcal

Lotus Cup ≈ 2.580 kcal

Crepe Fondue ≈ 2.020 kcal

Crepe Wraps ≈ 1.830 kcal

Crepe Jemy ≈ 2.870 kcal

Classic Magnolia ≈ 780 kcal

Oreo Magnolia ≈ 1.050 kcal

Lotus Magnolia ≈ 1.380 kcal

Chocolate Fettucini ≈ 1.715 kcal

Bona Sebastian ≈ 1.175 kcal

Çıtır Profiterol ≈ 1.090 kcal

Chocolate Ball ≈ 940 kcal

BonaBeen ≈ 985 kcal

Islak Kek ≈ 890 kcal

Raspberry Dream Cup ≈ 620 kcal

Lemon Dream Cup ≈ 510 kcal

Brunch Deluxe ≈ 375 kcal

Fit Morning ≈ 480 kcal

Avocado Supreme ≈ 460 kcal

Anatolian Delight ≈ 680 kcal

Croissant Royale ≈ 710 kcal

ORTALAMA KALORİ BİLGİLERİ

İçecekler

Demleme Çay ≈ 2 kcal

Fincan Çay ≈ 2 kcal

Sütlü Çay ≈ 90 kcal

Sıcak Süt ≈ 170 kcal

Salep ≈ 260 kcal

Bitki Çayları ≈ 2 kcal

Espresso (Single) ≈ 5 kcal

Espresso (Double) ≈ 10 kcal

Nescafe (Sade) ≈ 5 kcal

Nescafe (Sütlü) ≈ 95 kcal

Filtre Kahve ≈ 5 kcal

Americano ≈ 10 kcal

Cappuccino ≈ 140 kcal

Caffe Latte ≈ 170 kcal

Caramel Macchiato ≈ 280 kcal

Chocolate Mocha ≈ 360 kcal

White Chocolate Mocha ≈ 390 kcal

Affogato ≈ 320 kcal

Flat White ≈ 170 kcal

Lotus Latte ≈ 410 kcal

Vanilya Latte ≈ 280 kcal

Lavender Taro Latte ≈ 330 kcal

Black Vanilla Latte ≈ 340 kcal

Klasik T.K ≈ 8 kcal

Damla Sakızlı T.K ≈ 25 kcal

Çilekli T.K ≈ 55 kcal

Sütlü T.K ≈ 95 kcal

Menengiç T.K ≈ 85 kcal

Dibek T.K ≈ 70 kcal

Double T.K ≈ 15 kcal

Sütlü Çikolata ≈ 430 kcal

Bitter Çikolata ≈ 400 kcal

Beyaz Çikolata ≈ 450 kcal

Karamelli Çikolata ≈ 470 kcal

Çilekli Çikolata ≈ 440 kcal

Premium Su ≈ 0 kcal

Sade Soda ≈ 0 kcal

Meyveli Soda ≈ 45 kcal

Coca-Cola ≈ 140 kcal

Fanta ≈ 150 kcal

Sprite ≈ 135 kcal

Meyve Suyu ≈ 120 kcal

Soğuk Çay ≈ 85 kcal

Churchill ≈ 35 kcal

Red Bull (250 ml) ≈ 112 kcal

Ice Milk ≈ 330 kcal

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İçecekler

Ev Yapımı Limonata ≈ 180 kcal

Taze Sıkma Portakal Suyu ≈ 165 kcal

Ice Americano ≈ 10 kcal

Ice Filter Coffee ≈ 5 kcal

Ice Latte ≈ 170 kcal

Ice Frappe ≈ 240 kcal

Ice Chocolate Mocha ≈ 360 kcal

Ice White Chocolate Mocha ≈ 390 kcal

Ice Caramel Macchiato ≈ 300 kcal

Ice Lotus Latte ≈ 420 kcal

Ice Vanilla Latte ≈ 280 kcal

Ice Lavender Taro ≈ 340 kcal

Ice Black Vanilla Latte ≈ 350 kcal

Karpuz Frozen ≈ 170 kcal

Kavun ≈ 175 kcal

Çilek ≈ 180 kcal

Muz Frozen ≈ 230 kcal

Orman Meyve Frozen ≈ 190 kcal

Böğürtlen Frozen ≈ 190 kcal

Mango Frozen ≈ 210 kcal

Ananas Frozen ≈ 180 kcal

Dragona Colada ≈ 250 kcal

Berry Hibiscus ≈ 220 kcal

Patlayan Şekerli Milkshake ≈ 460 kcal

Sunset ≈ 230 kcal

Sakura Peach ≈ 240 kcal

Cactus ≈ 230 kcal

Bonalie ≈ 260 kcal

Kuzu Kulağı ≈ 220 kcal

Razzi Wow ≈ 260 kcal

Cool Lime ≈ 140 kcal

Soft Mojito ≈ 110 kcal

Passion Guava ≈ 240 kcal

Strawberry Mojito ≈ 150 kcal

Pinker ≈ 260 kcal